



Health care that starts with you.

Sites for: [Providers](#) | [Counties](#) | [Brokers](#) | [Careers](#) | [Media](#)

[Español](#) | [Lus Hmoob](#) | [Af-Soomaali](#)

[Member Log In](#)

[Home](#)

[Health Plans](#)

[Health and Wellness](#)

[Find a Doctor](#)

[About Us](#)

[Careers](#)

Search



<b>Health Plans:</b>
<a href="#">Find a Plan</a>
<a href="#">Dental Benefits</a>
<a href="#">Disability Plans</a>
<a href="#">Medicare Options</a>
<a href="#">State Medical Assistance Programs</a>
<a href="#">UCare Choices</a>

[Home](#) > [Health Plans](#) > State Medical Assistance Programs

## State Medical Assistance Programs

UCare offers Minnesota Health Care Programs for individuals, families, and seniors. These are publicly funded basic health care programs.

**Prepaid Medical Assistance Program (PMAP)** will show as MA on cards

PMAP is a health care program that pays for medical services for low-income adults, children, and pregnant women in Minnesota.

### MinnesotaCare

This is a program for adults, families, and children who can't afford health insurance.

### UCare Connect

UCare Connect is a Special Needs BasicCare program that provides health care coverage to adults with certified disabilities.

### UCare Connect + Medicare (HMO SNP) (Special Needs BasicCare)

UCare Connect + Medicare gives people with disabilities the benefits of Medicare and Medical Assistance all in one health plan.

### UCare's Minnesota Senior Health Options (MSHO)

Learn more about our combined Medicare and Medical Assistance plan for seniors 65 and older.

### Minnesota Senior Care Plus (MSC+)

This is a program for low-income seniors age 65 and older.

### Need help choosing a plan?

Use our plan questionnaire to find a plan.



Medicaid Program - are the ones highlighted